Hitting the street for FEAT

Outrunning Autism 2009

OUTRUNNING AUTISM 2009 FRIDAY, OCTOBER 16TH AND SATURDAY, OCTOBER 17TH

5K Run/Walk, 1 Mile Fun Walk, and Outrunning Autism EXTREME Run Benefiting Families for Effective Autism Treatment

Autism is a complex neurological disorder that typically surfaces prior to age three. Affected children generally lack appropriate social engagement, have significant communication impairments, and often demonstrate repetitive behaviors due to sensory dysfunction.

The statistics are startling:

- 1 in 150 children is diagnosed with autism.
- Autism is now the 3rd most common developmental disorder, following only mental retardation and cerebral palsy.
- More children will be diagnosed with autism this year than with AIDS, diabetes & cancer combined.

FEAT of Louisville, Inc. is a 501(c)(3) organization of volunteers, parents, and professionals. Our mission is to ease the journey for families affected by autism through parent support, education and effective interventions.

The Outrunning Autism 5K Run/Walk, and 1 Mile Fun Walk starts and ends at Fourth Street Live. It begins at 8:30 a.m. on Saturday, October 17, 2009. Sign-in begins at 7:00 a.m. the day of the event at the Hard Rock Café in downtown Louisville.

The registration fee/minimum donation is just \$25 per person thru October 8th and then \$30 per person thru the day of the event. Registration includes a long-sleeved T-shirt (guaranteed to all registrants prior to October 12, 2009). Remaining registrants will receive a shirt while supplies last.

New this year... Outrunning Autism EXTREME – a 24 hour ultrarun. Join *The Trail Store* co-owner, Jim Ball, as he runs approximately 100 miles at Seneca and Cherokee Parks starting at 8:00 a.m. Friday, October 16, 2009.

For a suggested minimum donation of \$10 runners can hit the street for FEAT by joining Jim and local celebrities as they raise autism awareness with this amazing run!

All funds raised support FEAT programs for children with autism, including the Dreams in Motion summer camp for teens with autism.

RELEASE AND INDEMNIFICATION

Outrunning Autism 2009 (5K Run/Walk, 1 Mile Fun Walk, and Outrunning Autism EXTREME Run) involves running and walking activities which may involve risks including, but not limited to, interaction with other participants, effects of weather, traffic, and road conditions.

In consideration of being allowed to participate in this event, I hereby expressly assume all risks, including personal injury and death, arising from my participation in this 5K Run/Walk, EXTREME Run and related activities.

I hereby for myself, my heirs, executors, administrators, personal representatives, successors, and assigns, waive and release any and all rights, claims, and actions I have or may have against all persons, sponsors, and associates promoting and/or staging Outrunning Autism 2009 on October 16, 2009 and October 17, 2009. I attest and verify that I have full knowledge of the risks involved in this and that I am physically fit and sufficiently trained to participate. I also grant full permission to any and all of the foregoing to use my likeness for publicity or promotional purposes without obligation or liability to me.

I have read, understand and agree to the terms of this agreement.

PARTICIPANT'S SIGNATURE

PARENT OR GUARDIAN (IF UNDER 18)

PRINTED NAME

DATE



FRIDAY, OCTOBER 16 AND

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SATURDAY, OCTOBER 16 AND

5K RUN/WALK, 1 MILE FUN WALK, AND OUTRUNNING AUTISM EXTREME RUN BENEFITING FAMILIES FOR EFFECTIVE AUTISM TREATMENT.

5K RUN/WALK & 1 MILE FUN WALK

RACE BEGINS 8:30 A.M. REGISTRATION BEGINS 7:00A.M. ON SATURDAY, OCTO-BER 17, 2009 AT FOURTH STREET LIVE. WITH FAMILY-FUN ACTIVITIES, INCLUDING AN INFLATABLE, SCHOOL OF ROCK BANDS, FACE PAINTING, AND KIDS RACES ETC.

OUTRUNNING AUTISM EXTREME RUN BEGINS 8:00 A.M. ON FRIDAY, OCTOBER 16, 2009 AT SENECA PARK NEAR THE RESTROOMS ON ROCK CREEK DRIVE.

FOR MORE INFO OR TO REGISTER ONLINE WWW.FEATOFLOUISVILLE.ORG

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REGISTRATION FORM

Name	
Address	
City	
State	ZIP
Telephone	
e-Mail	

Birthdate___/___ Age on Race Day____

Male Female

SK Runner SK Walker 1 Mile Walker

Long-Sleeved T-shirt size:

Youth 🗌 S 🗌 M 🗌 L

$\mathsf{Adult} \ \Box \ \mathsf{S} \ \Box \ \mathsf{M} \ \Box \ \mathsf{L} \ \Box \ \mathsf{XL} \ \Box \ \mathsf{XXL}$

I would like to pick up my race packet before the event at:

The Trail Store - 1321 Herr Lane Suite 185, Wednesday, October 14th 5-7 p.m.

Hard Rock Café - 4th Street Live, Thursday October 15th 4:30-7:00 p.m.

PLEASE NOTE: The Release and Indemnification agreement on the back panel of this form *must* be signed and dated in order for the registrant to participate in the event.

Make all checks payable to "FEAT of Louisville". Send your check, completed registration form, and Release and Indemnification agreement to:

FEAT of Louisville 1100 East Market Street Louisville, KY 40206

Also register online at *www.featoflouisville.org* Contact information: (502) 596-1258



NEW IN 2009 Outrunning Autism EXTREME!

This year, FEAT is proud to partner with *Jim Ball*, local ultra runner and co-owner of *The Trail Store*, as he embarks on a 24hour (approximately 100 mile) run to raise money and awareness for autism. Like so many others, Jim's life was personally touched by autism when his two grandchildren were diagnosed with autism.

Local celebrities will pace Jim throughout his run. For a suggested minimum donation of \$10. local runners can hit the street for FEAT and join Jim and local celebrities at the Outrunning Autism EXTREME run for as little or as long as they like. His route includes 1.85 mile (starting approximately each hour) and 3.50 mile loops (starting approximately 20 minutes past each hour) from the restrooms in Seneca Park near the 1.2 mile running loop on Rock Creek Drive. Also, twice during the run, at 12:20 pm and 6:20 pm on the 16th, Jim will walk for 40 minutes to give non-runners an opportunity to actively participate. Runners can meet Jim to run at the Outrunning Autism EX-TREME headquarters near the restrooms in Seneca Park on Rock Creek Drive on Friday, October 16, 2009.

To register to run with Jim or to sponsor him with a per hour or per mile pledge, please contact FEAT at (502) 596-1258, register online, or go to **The Trail Store.**

CONTRIBUTION FORM

Make check payable to "FEAT of Louisville." Please bring your contributions to the registration area the day of the run/walk.

Walker/Runner Name: ___

Sponsor Name	Mailing Address	Donation cash/check

PRIZES

- Top overall male and female 5K runner and top overall 5K walker will receive a free pair of running shoes (\$100 value) from Pacers & Racers.
- First, second and third place awards for top male and female runners in each age bracket.
- Every registrant is entered into drawing for door prizes.

AGE BRACKETS

10 and under	35 - 39
11 - 14	40 - 44
15 - 19	45 - 49
20 - 24	50 - 54
25 - 29	55 - 59
30 - 34	60 or better

No skates or rollerblades, please.

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