

## Release and Indemnification

The Outrunning Autism 5K Run/Walk, 1 Mile Fun Walk, and Outrunning Autism EXTREME Ultrarun involve running and walking activities which may involve risks including, but not limited to, interaction with other participants, effects of weather, traffic, and road conditions. In consideration of being allowed to participate in this event, I hereby expressly assume all risks, including personal injury and death, arising from my participation in this 5K Run/Walk, 1 Mile Fun Walk, and/or Outrunning Autism EXTREME and related activities.

I hereby for myself, my heirs, executors, administrators, personal representatives, successors, and assigns, waive and release any and all rights, claims, and actions I have or may have against all persons, sponsors, and associates promoting and/or staging the Outrunning Autism 5K Run/Walk, 1 Mile Fun Walk, and/or Outrunning Autism EXTREME on October 16, 2009 and October 17, 2009. I attest and verify that I have full knowledge of the risks involved in this and that I am physically fit and sufficiently trained to participate. I also grant full permission to any and all of the foregoing to use my likeness for publicity or promotional purposes without obligation or liability to me. I have read, understand and agree to the terms of this agreement.

---

Participant's Signature

---

Parent or Guardian (if under 18)

Printed Name

Date